WASHINGTON COUNTY
CHILDREN'S
JUSTICE CENTER

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Thankfulness

Bring your family closer together this month. Taking a few moments each day to notice the good things around us helps children and adults alike develop a positive outlook and appreciate the little joys in life. The best part? Practicing gratitude can be fun, simple, and meaningful for the whole family!

3 Fun Ways to Grow Gratitude as a Family

Share Your "Highs and Thank-Yous"

At dinner or bedtime, invite everyone to share one highlight from their day and one thing they're thankful for. It's a simple way to celebrate happy moments, encourage connection, and end the day on a positive note.

Create a Thankful Tree

Draw a tree on paper or gather a few branches in a vase. Have each family member add a paper leaf with something they're thankful for. Watch your tree grow as everyone adds new leaves throughout the week!

Surprise Someone with Gratitude

Encourage your family to spread kindness by writing a thank-you note, drawing a picture for someone special, or doing a small act of kindness for a neighbor or friend. Gratitude becomes even more meaningful when we share it with others!

Remember, thankfulness doesn't have to be saved for a special occasion. Small, everyday moments of gratitude can make a big difference in creating a more connected, joyful family.

We're thankful for every apple order!

Please tell your friends and neighbors.
Order deadline is November 6!

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LAST CHANCE

40 Pounds For $60

APPLE FUNDRAISER

Premium Utah Grown Fuji Apples

Order by Nov. 6

Online at www.cjcwc.com
OR call 435-301-7193
OR scan here:

Pick Up

Children's Justice Center
463 East 500 South
St. George, UT 84770
Friday, Nov. 13th, 4 - 6 PM
Saturday, Nov. 14th, 10 AM - Noon

Thank you for sharing our vision of ending child abuse!
Your contribution is appreciated!

