

# Summer Tips

## Kids @ Home Alone?

### Build Healthy Internet Boundaries:

- 1 **Set** clear screen-time expectations for approved websites/apps.
- 2 **Use** parental controls and privacy settings on devices and streaming platforms.
- 3 **Keep** computers and tablets in common areas when possible.
- 4 **Remind** kids never to share personal information, including passwords, address, phone number, school, or vacation plans.
- 5 **Teach** kids to avoid chatting with strangers in games, apps, or social media.
- 6 **Encourage** children: if something online makes them uncomfortable, or someone asks for pictures, private chats, or secrets, they should log off and tell a trusted adult right away.
- 7 **Create** a daily check-in routine by phone or text.
- 8 **Review** an emergency contacts list.
- 9 **Balance** screen time with outdoor play, reading, chores, and creative activities.

Have a safe &  
fun summer!





## Why a Labyrinth? Why a Triple Spiral?

*Because healing is rarely a straight line.*



### **A labyrinth is not a maze.**

There are no wrong turns, no dead ends, and no pressure to “figure it out.” It is a single path that gently guides you inward and then back out again, creating space for reflection, calm, and emotional release.

At the Children’s Justice Center, children and families often arrive carrying fear, confusion, grief, and heavy emotions. A labyrinth offers something simple but powerful: a safe place to pause, breathe, and begin healing. We chose a Triple Spiral Labyrinth because the number three carries deep meaning across many healing traditions.

The three spirals can represent:

- Mind, Body, Spirit
- Past, Present, Future
- Child, Parent, Community
- Grief, Healing, Hope
- Release, Renewal, Return

Each person can walk it with their own intention and find the meaning they need most in that moment. This labyrinth is more than a pathway in a garden.

*It is a quiet invitation:*

**You are safe here.  
You are supported here.  
Healing is possible here.**

Our hope is that every child, parent, and staff member who walks this path feels a little lighter, a little stronger, and a little more connected to peace. Sometimes the way forward begins by simply taking one step.

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GOLF TOURNAMENT  
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**GRASS CREEK**  
CONSTRUCTION  
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THANK YOU SPONSORS:

Patricia Shoemaker-Glessner & Joe Glessner

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- Banner, posters, & flyers
- 6 months of social media appreciation
- 18 holes of golf, 1 Mulligan and 1 Gift Basket Drawing Ticket for each player
- Swag bag, breakfast and lunch for each player

**SILVER SPONSOR : \$5,000**

- 2 Foursomes (8 Players)
- Banner, posters, & flyers
- 4 months of social media appreciation
- 18 holes of golf, 1 Mulligan and 1 Gift Basket Drawing Ticket for each player
- Swag bag, breakfast and lunch for each player

**BRONZE SPONSOR : \$2,500**

- 1 Foursome (4 Players)
- Banner, posters, & flyers
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- 18 holes of golf, 1 Mulligan and 1 Gift Basket Drawing Ticket for each player
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- Willing to match donations made on the day of the tournament
- 2 Foursomes (8 Players)
- Tagged in all ads & flyers

**FOR INFORMATION OR TO REGISTER:**  
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