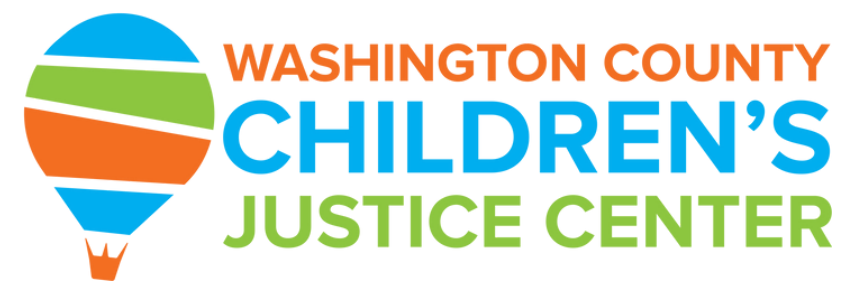


June Newsletter



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Intro to one of our mental health treatments for our clients

Parent-Child Interaction Therapy

Parent-Child Interaction Therapy (PCIT) is an evidence-based treatment for children 2-7 years of age with emotional and behavioral difficulties. PCIT is delivered in two phases: Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI).

Why?

Helps to INCREASE:

- feelings of security, safety and attachment
- attention span
- self esteem
- pro-social behaviors (like sharing and taking turns)

Helps to DECREASE:

- frequency, severity and/or duration of tantrums
- negative attention-seeking behaviors (like whining and bossiness)
- parental frustration

PROVIDES Support for Caregivers

- **Real-time Coaching** for immediate guidance and support.
- **Effective Discipline** strategies to manage behaviors confidently.
- **Stronger Parent-child Bond** through positive interactions.
- **Reduced Stress** with tools for calmer, more controlled parenting.
- **Lasting Skills** to support long-term success.

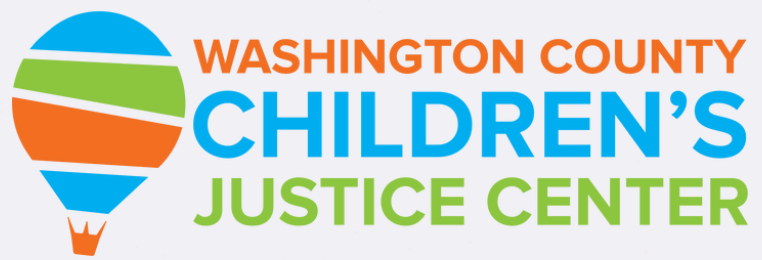


P.R.I.D.E. SKILLS

Learn

Praise
Reflect
Imitate
Describe
Enjoy

Register
Now



18TH ANNUAL

GOLF

Tournament

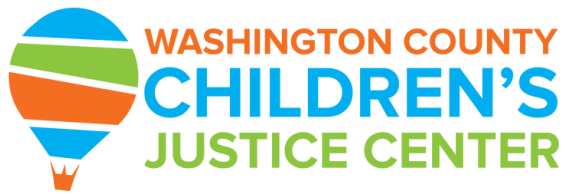


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OF ST. GEORGE

September 19, 2025



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1 FOURSOME (4 PLAYERS)

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FRIDAY, SEPTEMBER 19, 2025
TO REGISTER, SCAN QR CODE OR
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WASHINGTONCOUNTYCJC@GMAIL.COM

